



Steward of my Temple

Lyrics and music by Kimberly Houlston

VERSE 1

God designed my body
He created me, created me
He wants me to take care of it
Do all I can to stay healthy
So I am choosing on this day
To follow God's great plan
And keep my body pure and be
The healthiest I can

VERSE 2

Gonna take care for my body
Gonna do my best, do my best
I'll drink lots of water
Eat healthy food, get plenty of rest
So I am choosing on this day
To follow God's great plan
And keep my body pure and be
The healthiest I can

VERSE 3

Each day I'm going to exercise
Jump and play and run around
Show self control in all I do
Trust in God He won't let me down
So I am choosing on this day
To follow God's great plan
And keep my body pure and be
The healthiest I can

VERSE 4

Clean fresh air and sunshine
Outside is a great place to play
So why don't you try this too
Choose to be healthy, starting today
Cause I am choosing on this day
To follow God's great plan
And keep my body pure and be
The healthiest I can



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for Kids!